



DEPARTMENT OF PSYCHOLOGY
AND BEHAVIOURAL SCIENCES
AARHUS UNIVERSITY

The couple and family lab
<https://psy.au.dk/en/the-couple-and-family-lab/>



The Responsive Attention Scale (RAS)

(ENGLISH)

Note. This document includes values for scoring. Please remove these values before handing the RAS to participants.

Scoring: To calculate the sum score of RAS simply sum the respondent's point values.

Interpretation: Higher scores indicate higher levels of perceived responsive attention.

Permission for use: The RAS is freely available for research and clinical use. With proper citation, no further permission is required.

Citation: Trillingsgaard, T., Fentz, H. N., Wellnitz, K. B., & Kluwer, E. S. (2021). *Daily Responsive Attention. Evaluating the concept and measure.* [Manuscript in preparation]. Department of Psychology and Behavioural Sciences, Aarhus University.

[For scoring]

The following statements describe experiences you may have in the relationship with your partner. Please indicate how often you have each of these experiences.

	Very rarely	Rarely	Sometimes	Often	Very often
I receive a warm welcome when we meet at the end of the day.	(1) <input type="checkbox"/>	(2) <input type="checkbox"/>	(3) <input type="checkbox"/>	(4) <input type="checkbox"/>	(5) <input type="checkbox"/>
My partner is attentive and present when we eat together.	(1) <input type="checkbox"/>	(2) <input type="checkbox"/>	(3) <input type="checkbox"/>	(4) <input type="checkbox"/>	(5) <input type="checkbox"/>
I get a warm response when I touch my partner in a loving way.	(1) <input type="checkbox"/>	(2) <input type="checkbox"/>	(3) <input type="checkbox"/>	(4) <input type="checkbox"/>	(5) <input type="checkbox"/>
When I sit down on the couch next to my partner, he/she turns towards me.	(1) <input type="checkbox"/>	(2) <input type="checkbox"/>	(3) <input type="checkbox"/>	(4) <input type="checkbox"/>	(5) <input type="checkbox"/>
When I show something funny to my partner, he/she smiles or laughs.	(1) <input type="checkbox"/>	(2) <input type="checkbox"/>	(3) <input type="checkbox"/>	(4) <input type="checkbox"/>	(5) <input type="checkbox"/>
If I tell my partner about my day, he or she listens with interest.	(1) <input type="checkbox"/>	(2) <input type="checkbox"/>	(3) <input type="checkbox"/>	(4) <input type="checkbox"/>	(5) <input type="checkbox"/>
If I show my partner something (e.g. in the newspaper, on my phone, or on the computer), he/she gives it his/her full attention.	(1) <input type="checkbox"/>	(2) <input type="checkbox"/>	(3) <input type="checkbox"/>	(4) <input type="checkbox"/>	(5) <input type="checkbox"/>
If I tell my partner about something that upsets me, he/she makes an effort to listen and understand.	(1) <input type="checkbox"/>	(2) <input type="checkbox"/>	(3) <input type="checkbox"/>	(4) <input type="checkbox"/>	(5) <input type="checkbox"/>
If I am enthusiastic when sharing something with my partner, he/she responds with no enthusiasm.	(5) <input type="checkbox"/>	(4) <input type="checkbox"/>	(3) <input type="checkbox"/>	(2) <input type="checkbox"/>	(1) <input type="checkbox"/>
My partner stops what he/she is doing to listen to me when I have something important to share.	(1) <input type="checkbox"/>	(2) <input type="checkbox"/>	(3) <input type="checkbox"/>	(4) <input type="checkbox"/>	(5) <input type="checkbox"/>