



DEPARTMENT OF PSYCHOLOGY
AND BEHAVIOURAL SCIENCES
AARHUS UNIVERSITY

The couple and family lab
<https://psy.au.dk/en/the-couple-and-family-lab/>



Reconciliation, 4 items (REC)

(ENGLISH)

Note. This is the last 4 items of the REC. The first 3 items are found in Christensen (1987). This document includes values for scoring. Please remove these values before handing the REC to participants.

Scoring: To calculate the sum score of REC simply sum the respondent's point values for all 7 REC items.

Interpretation: Higher scores indicate higher levels of reconciliation.

Permission for use: The REC is freely available for research and clinical use. With proper citation to the two references below, no further permission is required.

Reference to the first 3 items of REC: Christensen, A. (1987). Detection of conflict patterns in couples. In K. Hahlweg, & M. J. Goldstein (Eds.), *Understanding major mental disorder: The contribution of family interaction research; Understanding major mental disorder: The contribution of family interaction research* (pp. 250-265, Chapter xi, 332 Pages). Family Process Press, New York, NY.

Reference to the last 4 items of REC: Leth-Nissen, A. B., Fentz, H., Wellnitz, K. B., & Trillingsgaard, T. L. (2021). *Development and Validation of the Assessment Inventory on Relationship Risks and Resources (AIRR)*. [Manuscript submitted for publication]. Department of Psychology and Behavioural Sciences, Aarhus University.

[For scoring]

After a discussion of a relationship problem how likely is it that...

1 =
Very
unlikely **2** **3** **4** **5** **6** **7** **8** **9 =**
Much
likely

... my partner is angry and hurt for a longer period of time. (9) (8) (7) (6) (5) (4) (3) (2) (1)

...I am angry or hurt for a longer period of time. (9) (8) (7) (6) (5) (4) (3) (2) (1)

...my partner apologises or takes responsibility for their share of the problem. (1) (2) (3) (4) (5) (6) (7) (8) (9)

... I apologise or take responsibility for my share of the problem. (1) (2) (3) (4) (5) (6) (7) (8) (9)