

ADQ-I-P
(Insulin pump users)

If your child is using an insulin pump, please look at the following questions and circle the number, that best describes how your child (possibly with your help) has managed his/her diabetes care. Use the following scale:

- 1 = Have not done it at all
- 2 = Have seldom done it
- 3 = Have done it about half the time
- 4 = Have usually done it
- 5 = Have always done it

How did your child (possibly with your help) within the preceding month handle his/her diabetes care in relation to.....	Not at all	Seldom	Half the time	Usually	Always
1...planning meals in accordance with the system that he/she has been taught?	1	2	3	4	5
2... weighing or measuring his/her food, or counting carbohydrates?	1	2	3	4	5
3... limiting the amount of food that contains a lot of sugar or fat?	1	2	3	4	5
4...taking the amount of insulin, that his/her doctors prescribed (including adjustments based on blood sugar level)?	1	2	3	4	5
5... taking his/her insulin every time he/she eats?	1	2	3	4	5
6... changing the pump site at least every three days?	1	2	3	4	5
7... checking the injection site for infection?	1	2	3	4	5
8... measuring his/her blood glucose before every meal?	1	2	3	4	5
9...remembering to carry 'fast sugar' (e.g. juice, dextrose or the like)?	1	2	3	4	5
10... exercising or participating in some form of physical activity?	1	2	3	4	5
11... adjusting the amount of insulin or food based on how much and how strenuous he/she has exercised?	1	2	3	4	5
12... adjusting the amount of insulin based on his/her blood sugar levels?	1	2	3	4	5

How does your child (possibly with your help) <u>generally</u> handle his/her diabetes treatment in relation to...	Not at all	Seldom	Half the time	Usually	Always
13... adjusting the amount of insulin when he/she is ill?	1	2	3	4	5
14... detecting and responding to the early signs of <u>low</u> blood sugar?	1	2	3	4	5
15... detecting and responding to the early signs of <u>high</u> blood sugar?	1	2	3	4	5
16... attending check-ups at the diabetes clinic every three months?	1	2	3	4	5
17... keeping the agreements that he/she makes with his/her health care personnel regarding his/her treatment?	1	2	3	4	5

Scoring:

The ADQ is scored by calculating the mean of all item responses. A total of 3 missings are allowed.



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